On behalf of the Janeway Children’s Health and Rehabilitation Centre and the children of Newfoundland and Labrador (NL), we extend our sincerest gratitude for your continued support.

As the fundraising arm for the Janeway, it is the Janeway Foundation’s objective to inspire our community to invest in child health care. In our mission to augment government funding, the Foundation continues to explore initiatives to ensure that supplementary funds are available to enrich the delivery of medical care for our province’s children. With more than 120,000 patient visits to the Janeway each year, donor support has made a profound difference in their lives and the lives of their families.

For more than 32 years, the Foundation staff has worked tirelessly in their efforts to assist the Janeway Hospital to stay current and keep pace with the advancements in pediatric health care. Whether through the purchase of the latest innovations in medical equipment; the funding of life-saving pediatric research and staff educational opportunities; or the development of specific pediatric programs, the Foundation staff feel truly privileged to be a part of a community that shares our vision of a healthier future for our children.

Our donors understand the importance of supporting the health care of NL children. In the face of uncertain economic times, the Janeway Foundation triumphed in the past fiscal year. As you will see in the following pages, the Foundation, through the generosity of our donors, raised more than $4.9 million for pediatric health care in NL.

In a world where medical technologies and treatment protocols are ever-changing, donor gifts have allowed the Janeway Hospital to stay current, all to enhance and keep pace with the advancements in pediatric health care. This generous support has and will continue to play a significant role in the transformation of the Janeway Hospital.

In partnership with our donors, volunteers and the Janeway Hospital medical team, the Janeway Children’s Hospital Foundation helps to make a difference each and every day. Together we are making an investment in the health care and future of our province’s most precious resource – our children.

Message from the Foundation

LYNN SPARKES
President and CEO
Janeway Children’s Hospital Foundation Board of Directors

LLOYD POWELL
Chair
Janeway Children’s Hospital Foundation Board of Directors

LYNN SPARKES
President and CEO
Janeway Children’s Hospital Foundation
Each year, the Children’s Miracle Network honours remarkable children from Canada and the United States who have triumphed despite severe medical challenges.

This year, nine-year-old Steven Sullivan from Paradise, Newfoundland and Labrador, was selected as the Janeway Children’s Miracle Network Champion through Champions Across Canada, presented and financially supported by Walmart Canada.

In July 2015, Steven was diagnosed with acute lymphoblastic leukemia, a type of blood cancer. Because his body’s response to chemotherapy was delayed, Steven was placed in a high-risk category, struggling through harsh, persistent side effects.

Over the course of his treatment, Steven was hospitalized for more than 200 days, due to complications and infections. Yet, he faced each day with a smile and a “thumbs up” for his family and friends. He did not want his parents to worry about him and would often say, “Mom, I’m having a bad day today, but it’s ok.”

Today, Steven receives ongoing treatments at the Janeway. He has good days and not so good days, but he and his family get through it together, one day at a time. As Steven says, “Never give up and stay strong.”

Last spring, as the Janeway’s Champion, Steven and his family travelled to Ottawa to meet the 2017 Canadian Children’s Miracle Network Hospitals’ Champions. A highlight of the trip was a visit to Parliament where Prime Minister Justin Trudeau surprised the Canadian Champions with a friendly meet and greet. Prime Minister Trudeau said, “It was my honour to meet the Children’s Miracle Network Champions today - amazing kids who’ve overcome great challenges. Thanks for the visit!” From Ottawa, they flew to Orlando and participated in various activities with the American Champions.

Thank you to Walmart Canada and the Air Canada Foundation for supporting Children’s Miracle Network and all our Canadian Champions.

“The nurses and doctors at the Janeway have become our family. They love those kids.”

Jeanette, Steven’s mom
The need for specialized equipment, training and programs to diagnose and treat children at the Janeway (from a 1 lb preemie to a 150 lb child of 18) is of paramount importance, and is seen each and every day. Because of your generosity, the Janeway Foundation continues to assist the Janeway Hospital to stay current and keep pace with the ongoing advancements in pediatric health care.

Through the latest innovations in medical equipment; the funding of life-saving pediatric research and staff educational opportunities; and the development of specific pediatric programs, your donations provide our medical team with the tools necessary to help ensure positive outcomes in the health care of our province’s children.

On the following pages we will show you just a glimpse of how your financial commitment is making a difference, each and every day.

**EQUIPMENT**

**Transcranial Doppler Ultrasound Probe**

Each year the population of Newfoundland and Labrador is becoming more culturally diverse. Due to this rise in diversity, the medical team at the Janeway Hospital are treating different inherited pediatric conditions, one of which is Sickle Cell Disease (SCD).

Commonly found in people of African, Mediterranean, Middle Eastern and Indian Subcontinental descent, children diagnosed with SCD carry a significant stroke risk and are monitored closely through a screening test using a Transcranial Doppler (TCD) Ultrasound Probe.

Up until this past year, Janeway patients with this condition travelled to Ottawa, Ontario for their screening. With donor support, the Janeway Hospital has recently purchased this probe to provide screening right here at home.

TCD is a non-invasive, painless ultrasound technique that measures the velocity of blood flow in the cerebral arteries of the brain. A patient with higher blood flow velocities are considered to be at a higher risk, as are children aged 2 – 8 years of age.

Ultimately, having this tool in the hands of our Janeway medical team will help to identify, sooner, patients who are at a higher risk of complications which may impact and reduce the timelines for preventative diagnosis and treatment.
Your Donations at Work

Motion Analysis Centre
The Motion Analysis Centre (Gait Lab) at the Janeway Hospital is the only facility of its kind east of Montreal, used in a clinical setting.

Utilizing computer-controlled infrared cameras, the motion analysis technology captures and records how a child walks, their “gait”.

When a patient visits the lab for testing, reflective markers are placed on their legs. These markers are then tracked by the cameras and provide computer-based graphics and animation to show how the legs move while the patient walks across specially designed force plates installed into the lab floor.

Another test includes the placement of special sensors above the muscles of the legs. These sensors measure leg muscle activity and show if these muscles are working properly.

To assist in increasing the information received by the computers, two additional force plates were installed in the lab floor, not only providing a longer walking space for patient tests, but also, at times, cutting down on the time it takes to complete the test and obtain the necessary information.

The Janeway medical team use the information collected to diagnose conditions and plan follow-up treatments.
RESEARCH
Established in 2011, the Janeway Pediatric Research Unit (JPRU) serves as the link for pediatric research overseen at the Janeway and Memorial University of Newfoundland’s Faculty of Medicine. Faculty and staff associated with the unit lead clinical and applied health research, with over 30 active projects on a range of childhood diseases. Each year, the Foundation, on behalf of our donors, invests $150,000 towards vital pediatric medical research. One such study, “Hospitalizations Due to Self-Harm by Drug Ingestion at a Canadian Pediatric Hospital” was conducted at the Janeway Hospital last year and is approved for national publication.

Pediatricians in Newfoundland and Labrador (NL) suspected an increase in the number of adolescents hospitalized due to self-poisoning within the province. Intentional self-harm is a serious mental health issue and a substantial risk factor for suicide among the adolescent population. Cases of intentional self-harm by adolescents in Canada have increased significantly over the past decade. The Canadian Institute of Health Information (CIHI) report that approximately 86% of hospitalizations nationally for self-harm in youth are due to self-poisoning. However, despite the seriousness of these cases, little was known about cases of self-poisoning leading to hospitalization in many parts of Canada, including NL.

With the support of the Janeway Foundation and its donors, the study of this mental health issue could be explored on a local level. The primary aim of this research was to evaluate the number of hospital admissions of adolescents over a period of several years to determine whether there was indeed an increase in hospitalizations. They also wanted to examine the characteristics of these admissions to better understand this patient population. After the data was collected and results were analyzed, researchers concluded the study contributes to the growing recognition of adolescent self-poisoning as a serious pediatric mental health issue. It also confirmed that an increase in adolescent hospitalizations due to self-poisoning has occurred in NL. Further research is warranted to identify effective prevention strategies for this serious issue; however this study highlights that adolescent self-poisoning is a common, serious, growing problem. The study is an important first step in documenting issues which ultimately can lead to better care for our patients.

[Source: Hospitalizations Due to Self-Harm by Drug Ingestion at a Canadian Pediatric Hospital Abstract]
EDUCATION
Each year the Janeway Foundation provides $100,000 in educational and bursary grants to the staff of the Janeway Hospital, all to enhance their clinical practices and provide best care to our young patients.

Grants approved enable staff to not only travel to conferences and training programs within Canada and the United States, but at times, to host conferences right here in the province.

Recently, the Development and Rehabilitation Division of the Janeway organized and hosted a course entitled, “Children’s Brains, Neuroplasticity and Pediatric Intervention: What’s the Evidence?”

Through an educational grant received from the Foundation, local organizers were able to keep the conference registration fees to a minimum for the twenty-four Janeway staff who attended. Also in attendance were therapists from other pediatric facilities in St. John’s and St. Anthony, along with representatives from Prince Edward Island, Nova Scotia and New Brunswick.

The facilitators of the conference shared information that will be used to enhance treatment for children with cerebral palsy, autism, global delay, Down Syndrome and Developmental Coordination Disorder.

Through donor generosity we continue to ensure that our medical team are trained in the latest advancements in diagnosis and treatment protocols.

CHILD HEALTH PROGRAMS
With donor support, the Janeway provides specialized programs to help our young patients through, what could be, some of the most difficult and challenging times in their lives. Initiatives such as the St. John’s Maple Leafs therapeutic garden, music therapy, and the bravery beads program, affect positively the overall well-being and mental health of our children and their families.
A Caring, Healing Environment

Throughout the Janeway Children’s Health and Rehabilitation Centre, colourful murals and artwork adorn the walls. When a family enters the Emergency Department, the “gateway” for, by far, the greatest number of the Janeway’s patients, they immediately enter a welcoming and less intimidating place for children. Kids get to enjoy the playful “I spy” mural or the calming fish tank within the waiting room. Once they enter the examination rooms, they could be treated in the “princess room” or the “super hero” room. All of these enhancements are intended to provide a friendlier healing environment. When patients walk through the hospital, they may encounter the child-friendly “ship” near the rehabilitation department; or perhaps visit our “Jelly Bean Row” in the ENT clinic or the “Frozen-themed” Child Life department on the 4th floor. These thoughtful art pieces are meant to ease the stress on patients and their families while at the Janeway.

Our health care professionals, who understand the hospital experience the most, work closely with local artists to help guide and oversee the creative process for the benefit of our patients.
This year the Janeway Foundation raised $4,958,799 for the health care of the children of Newfoundland and Labrador.

The Foundation disbursed $3,396,463 to the Janeway Hospital and other pediatric initiatives across our province.

During the year the Janeway Foundation spent $4,920,638 to fulfill its mission.

At the end of the year, the Foundation had outstanding commitments of $5,077,427 to address other identified needs.

For more information please visit www.janewayfoundation.nf.ca/news-publications/publications/
We would like to extend a heartfelt thank you to our donors, who represent the true nature of our province’s generosity and philanthropy. Our sincere apologies to any of our supporters we may have omitted in error.
Hillside Elementary
Helping Hands Project
Heather Norman Project (Stroll for the Janeway)
Heather Manning Project
Hazelwood Elementary School
Hayley Flynn Project
Hawkins Family Project
Hayley Flynn Project
Hazelwood Elementary School
Heather Manning Project
Heather Norman Project (Stroll for the Janeway)
Helping Hands Project
Hillside Elementary
Holloway’s Funeral Home
IBEW Local 2331
Ice Water Seafoods
In Memory of Xander Project
Industrial Alliance
Innu Mιkε Employees
J.T. Stewarts Co. Ltd.
Jackson Barrett Project
James & Benjamin Fudge Project
Janna Hiscock Memorial Project
Jasmine and Jade Way Project
Jaxson & Brooklyn Dobbin Project
Jennifer Moran and Tanya Osmond Project
Jim and Angela Knee
JMK Preschool Incorporated
Joanne and Martin Gregory
Joanne Summy
John Gale
Joseph Tam
Josey Newell Project
Kai Heath Memorial Project
Kaleb Kares Project
Kassidy Hynes Project
Keep Cool Refrigeration
Keith Halfyard
Kinsmen Club (Bridgeport & Area)
Koins for Katie
L.O.L. #153 (Tilton)
Lamagnagne
Lauren & Coady Cribb Project
Legion Hospital Telephone
Leonard Knox
Lions Club (Baccalieu)
Lions Club (Centreville-Wareham, Indian Bay)
Lions Club (Churchill Falls)
Lions Club (Clarenville)
Lions Club (Conception Bay South)
Lions Club (Dunville)
Lions Club (Goulds)
Lions Club (Port Union)
Lions Club (Sandy Cove)
Lions Club (Stephenville)
Lions Club (Three Rivers)
Lisa Jane Hodder Memorial Walk-A-Thon
Little Treasures Project for the Janeway
Lloyd Powell
Long Range Academy
M & J Enterprises Project
Mackenzie Scanlon Project
Major’s Variety
Martin Kinsela
Martin Sullivan
Marystown Hotel & Convention Centre
Mealy Mountain Collegiate
Mens Provincial Darts Association
Meridian Engineering Inc.
Mike Stringer
Miranda Shea Memorial Project
Miss Teen Newfoundland & Labrador Pagent
Moulton’s Farm
Musical Miracles Project
Myles Bennett Project
Newell-Long Family Project
Newfoundland Power Inc.
Nicholas Gates Project
Nine Island Communications
NL Cleft Lip and Palate Association
NL Now Project
Noah Parsons Project
Nolan Rossiter Project
North West Company
Northfield Builders Inc.
Notre Dame Seafoods (Comfort Cove)
Notre Dame Seafoods (Twilingate)
Ocean Choice International (OCI)
Ocean View Manor - Residences
Office of the Chief Information Officer
Olivia Reardon and Friends Piggy
Bank for the Janeway
Owners and Crew of Atlantic Sea Clipper
P&G Canada
PS. Atlantic Limited
Pentecostal Assemblies of Newfoundland and Labrador
PharmaChoice
Philip McDonald Memorial Project for the Janeway
Provincial Ladies Darts Association
Puddister Shipping Limited
Quinsea Fishery
R.C.L. Auxiliary Branch #27
R.C.L. Auxiliary Branch #51
R.C.L. Branch #53
Rachel & Julianne’s Special Project
Randy Crane Project
RANSTAR HSE Services & Consulting Inc.
RE/MAX Central Real Estate Ltd.
RE/MAX Eastern Edge Realty Ltd
RE/MAX Infinity Realty Inc.
Ria Colbourne Project
Riverview Motocross Project for the Janeway
Rosie Walks for Kids
Run the Runway (Gander Airport)
S.W. Mifflin Ltd
Salvation Army Joy Fellowship
Scarlette Fifield & Friends Project for the Janeway
Scotburn Dairy Group
Shandi Whittle Project
Shane Seward Memorial Project
Shearstown Dart League
Snow Dogs of Newfoundland & Labrador
St. Anne’s School
St. John’s Fire Fighters Association #1075
Stantec
Stephen Noseworthy
SUBWAY (Murphy’s Square, Corner Brook)
Tamara & Mya Project
Templeton Academy
Terrington Consumers Co-op Society #174
The Hannah Project
The House Family & Friends Bike Ride
The Kin Club of Conception Bay South
Tilton Bingo Hall
Todd and Stephanie Janes
Tolson Roundel Project
Torbay Kids Helping Hands Project
Total Care Nursing In The Home Ltd
Town Council of St. Lunaire-Griquet
Trinity Conception Family Resource Centre
United Way of Greater Toronto
United Way of Newfoundland and Labrador
United Way of the Alberta Capital Region
USWA Local 9316
Victoria and Alexis Project
Vista Strollers
Volunteer Fire Department (Bay Roberts)
Walter James Bonnell Project
Wayne Crawley
White Hills Academy
Zachary Power Project
Zachary Power Project
STAFF OF THE JANEWAY:

800
Nurses, Technicians, Therapists, Support Staff

85
Doctors

HOSPITAL PATIENT VISIT DATA:

2016 Calendar Year

Each year there are approximately
123,000
patient visits and admissions to the Janeway

Outpatient Visits: 44,506
Emergency Department Visits: 35,972
Development & Rehabilitation Visits: 30,731
OR Patient Visits: 5,618
Medical Day Care Visits: 5,507
Dental Clinic Visits: 1,478
Admissions to J4 Medicine & J4 Surgery: 1,921
Admissions to NICU: 403
Admissions to PICU: 184
Number of babies born at the Janeway: 2,572

Our corporate and community friends hold more than 400 events per year to benefit sick and injured children.

The Janeway Children's Hospital Foundation is a registered Canadian charitable organization created to raise funds to benefit the health care of Newfoundland and Labrador's most precious resource — our children.
WHAT IS A LEGACY GIFT?
The Canada Revenue Agency (CRA) outlines the types of gifts/donations that qualify for charitable tax credits. Gifts through wills and estate plans of cash, real estate, stocks and bonds, RRSP/RRIF, personal property (such as paintings, jewellery, antiques, etc.) and proceeds from life insurance.

For a donation to be eligible the transfer of ownership has to be voluntary.

TYPES OF PLANNED GIFTS

Bequests
There are many different types of bequests – it can be a specified amount of cash, a percentage or portion of your estate, or what remains after other bequests have been granted.

Life Insurance Policies
Life insurance policies are creative ways to donate, assisting the Janeway Foundation to build on its long term financial strength for children’s health care, without diminishing your own.

RRSP or RRIF
Retirement funds are potentially one of the most highly taxed assets you own. By designating the Janeway Foundation as a direct beneficiary of some or all of your RRSP (registered retirement savings plan) or RRIF (registered retirement income fund) taxes are offset at the time of your passing.

Property
Gifts of property can be an attractive way to make a commitment to the Janeway Foundation. Whether it is real estate, jewellery, collections or art, your gift will assist the health care of our province’s children, while offering you important tax and income benefits.

Appreciated Securities (Stocks, Bonds, Mutual Funds, Flow-Through Shares)
The tax incentives offered for gifts of publicly listed securities makes this one of the most cost-effective ways to donate to the Janeway Foundation.

Endowments
An endowment is a gift that provides financial stability for charitable organizations. It makes long-range planning possible due to the predictable stream of income and protects a charity in years when revenue may be reduced.

Today, when you think about the Janeway, think about how a gift in your will can help to make a difference.

If you require additional information on these types of planned gifts, or if you wish to make a planned gift to the Janeway Children’s Hospital Foundation please contact:

Ruth Squires, Manager Telethon & Gift Planning
709-777-4382

Caring for our children through your Will or Estate Plan
"Here at the Foundation we have the opportunity to see our children’s amazing feats, the great bravery and optimism that they show and the obstacles that they fight to overcome. They teach us valuable lessons and remind us of what’s most important in life."

*Lynn Sparkes, President and CEO*
Children’s Miracle Network®

Children’s Miracle Network raises funds for 170 children’s hospitals in North America, 14 of which are in Canada. These hospitals, in turn, use these donations where it is needed most. When a gift is given, it stays in the community, ensuring that every dollar is helping local kids.

Since 1983, Children’s Miracle Network and its partners have raised more than $6 billion, most of it $1 at a time.

Thank you to our Children’s Miracle Network partners: