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JANEWAY NEWSLETTER

FALL 2016
PAGE 1 OF 4

The Janeway - Caring for Children of Newfoundland Labrador for 50 Years

Celebrating the 50th anniversary of the Janeway provided its staff, past and present, and the general population, with the opportunity to reminisce on the significant role the Hospital plays in pediatric care in Newfoundland and Labrador. The Janeway Hospital opened in August of 1966, where it remained at its Pleasantville location until 2001, when Eastern Health opened a new, state-of-the-art Hospital as part of the Health Sciences Complex.



To mark the Janeway Children's Health and Rehabilitation Centre's 50th year in service, Eastern Health, with support from the Janeway Children's Hospital Foundation, planned a series of initiatives throughout 2016. Together we honoured the tremendous work of the Janeway's medical team, volunteers, donors and partners. Here are a few memories of those special celebrations:



Fifty years after the Janeway opened its doors on August 9th, members of today's leadership team celebrated with past and current Janeway physicians.

L - R: Arlene Scott, Regional Director, Dr. Kevin Chan, Clinical Chief, Dr. C. Hobeika, Dr. J. Muzychka, Dr. K. Henderson and Dr. D. Price

SHE HAD TO WEAR PJs
ALL MONTH. YOU CAN WEAR
THEM FOR A DAY.



Raise Money. Wear PJs.
Help Kids. October 21st



Show your support for brave kids in the hospital by wearing your pajamas to work or school on Friday, October 21st. Sign up and start fundraising, or donate online today at JanewayFoundation.nf.ca.



- Janeway 50th Anniversary Feature was broadcast on NTV ([click to view](#)) during the 2016 Janeway Children's Miracle Network Telethon.
- A public celebration for our Janeway patients, past and present.
- A ceremony with officials from Eastern Health and the Provincial Government, followed by the unveiling of a three-part poster series showcasing some of the facility's most historic events and milestones over five decades ([click to view poster series](#)).



Janeway children's book is launched

Necie Moulan is a children's author from the town of St. Bernard's on the Burin Peninsula. When she was a young girl, Necie did not know about the Janeway, until the day that she became a patient there. Anxious and scared, Necie had to spend time at the Janeway, away from her family and friends, and all that she knew.

Necie wanted to do something special for the Janeway and for our province's children. She decided to write a book titled, "Sniffles, Sneezes, Bumps and Wheezes - The Janeway Cares for Kids" and donate the proceeds to the Janeway Foundation. Necie hopes her book will help to showcase all the wonderful things that happen at the Janeway, and to help kids understand that going to the hospital is not quite as scary as they might think. The book is available at book stores across the province.

Hey, look at where your money goes!

A new special care unit is coming to the Janeway

Plans for a new special care unit at the Janeway are moving forward through the support of the Janeway Foundation and its donors with an \$800,000 contribution.

Currently, infants up to 3 months old who require surgery are admitted in Neonatal Intensive Care Unit (NICU) with the neonates (infants less than four weeks old). However, with the increase in neonates, there is a risk of infection if babies, who have gone home, are re-admitted and put back in NICU with these small, vulnerable neonates.

"At the moment, only NICU has the capability to provide specialized care. In order to provide the optimal set-up for both the neonates and the surgical infants from 1-3 months, we need the same set up on J4 Surgery," stated Karen Rice, Division Manager of Janeway Inpatient Services. "Also, the room may also help prevent diversion. In 2010, mothers and babes had to be diverted outside the province because there was no space to accommodate them," she continued.

Surgical babies being admitted still need all the specialized care of any small infant. A new special care room on J4 Surgery will serve two significant purposes; it will help reduce the number of infants in NICU and it will be a tool to help prevent diversion.

The special care unit will provide:

- a specialized area in which to house them;
- nursing personnel educated in the specialized care of these infants; and
- special equipment including OHIO beds, isolettes, monitors, and syringe pumps.

"The Janeway Foundation works alongside the Janeway's medical staff to ensure they

have the best in leading-edge technology helping to result in more positive outcomes for our young patients," said Lynn Sparkes, Executive Director, Janeway Foundation.



Janeway Foundation gives funding to Pediatric Research Unit

This past summer, the Janeway Children's Hospital Foundation presented \$150,000 to fund pediatric research in Newfoundland and Labrador.

"The Janeway, in affiliation with Memorial University, serves as a primary clinical resource for vital pediatric medical research," said Lynn Sparkes, Janeway Foundation. "With our commitment to help fund such research, the Janeway Pediatric Research Unit will serve the needs of children throughout the province. Incorporating this research into clinical practices enhances and expands programs by facilitating pediatric clinic trials, clinical studies, and health services initiatives."

This donation will fund research in areas including:

- high-risk births
- childhood obesity
- genetics
- infant feeding
- mental health

One such study is looking at ways to improve the well-being of young people living with type 1 diabetes. "Newfoundland and Labrador has some of the highest reported rates of type 1 diabetes in the world," stated Dr. Roger Chafe, Director, Janeway Pediatric Research Unit. "Currently, there are approximately 1,000 people in the province with the disease; roughly half are under the age of 18." Dr. Chafe continued, "Without additional funding for ongoing medical pediatric research, advancements in the diagnosis and treatment of illness and injury would not be possible."

"Thanks to the support of our donors and partners, such critical research has the potential to have long-term, positive impact on our children and their families," added Ms. Sparkes.

What's new? WiFi is up and running at the Janeway

Our world today is inextricably linked to the internet. It is how we stay in touch with family, friends and work. At the Janeway, it is no different. Kids that must stay with us for longer periods of time use their mobile devices to communicate with their families and friends. Sometimes it even helps reduce the anxiety the patient may be feeling.

"For our doctors, nurse and administrators, it improves our ability to communicate instantly. For instance, we can bring tablets to the bedside to explain medical procedures to patients and parents using pictures and digital images," Dr. Kevin Chan, Clinical Chief Pediatrics, stated.

Providing WiFi throughout the Janeway is not a luxury or a "nice to have." It is another essential tool in improving the patient care experience at our facility.

PLAY GAMES FOR 24 HOURS FOR THE KIDS

SIGN UP ONLINE AT WWW.EXTRA-LIFE.ORG

ASK YOUR FRIENDS & FAMILY TO DONATE TO YOUR FUNDRAISING PAGE
100% OF THE FUNDS STAY LOCAL

PLAY ANY GAME ON ANY PLATFORM WHENEVER IT WORKS FOR YOU

extra life
Play Games. Real Kids.

100% of the money goes to fund life-saving research through Children's Miracle Network Hospitals. Visit www.extralife.org to find out more about your Children's Miracle Network Hospital.

Donor Wall - Wall of Miracles

The Janeway Foundation is pleased to have created a new Donor Wall at the Janeway. This "Wall of Miracles" recognizes corporate and community donors who have given cumulative gifts of \$25,000 or more. The next time you visit the Janeway, take a look! It is located at the top of the ship, near the eye clinic.



MRI upgrade is a welcome improvement to ten-year old system

A Magnetic Resonance Imaging (MRI) system plays a critical role in the diagnostic imaging capabilities of any hospital. The Janeway's MRI was purchased in 2005 and so required upgrading to make it more compatible with current technology. Rather than replacing the current system, it was determined upgrading was a viable option that would result in improved speed and image quality. This vital MRI upgrade enables the Janeway to deliver better diagnoses, patient care and most importantly, better medical

outcomes for patients. The tiniest of babies who go through the upgraded MRI can get lifesaving diagnoses months earlier than was previously possible. Such was the case with Leah Brown, the 6-month old daughter of Robyn and Stephen Brown of Lewisporte, one of the first to be diagnosed using the MRI upgrade. The equipment delivered greater speed and improved image quality – and ultimately – a better medical outcome for the young patient and her grateful family.

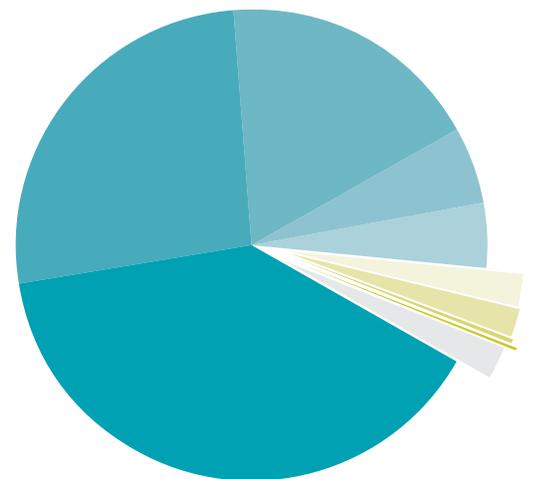
Mary Brown's Owner and CEO, Greg Roberts, presented a significant donation of \$450,000 towards the \$800,000 cost of the upgrade.



HOSPITAL PATIENT VISIT DATA:

Each year there are approximately **120,000** patient visits and admissions to the Janeway.

45,500	Outpatient Visits
30,759	Emergency Department Visits
21,000	Development & Rehabilitation Visit
5,920	Surgeries (includes dental surgeries)
5,310	Medical Day Care Visits
2,345	Dental Clinic Visits
2,227	Admissions to J4 Medicine & J4 Surgery
398	Admissions to NICU
186	Admission to PICU
2,307	Number of babies born at the Janeway



Cut and mail

Yes! I will make a difference in the lives of our province's children.

Please accept my gift of...

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\$25
 \$50
 \$75
 \$100
 \$500
 Other \$
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FULL NAME

I prefer to use my: VISA MasterCard AMEX

MAILING ADDRESS

PHONE

CARDHOLDER'S NAME (please print)

EXPIRY DATE / SIGNATURE

Official income tax receipt for gifts of \$15 or more. This name will appear on your receipt. Please indicate any changes to your name or address.

MAIL TO: Janeway Foundation
300 Prince Philip Drive
St. John's, NL A1B 3V6

Do not publicly acknowledge my gift.

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